

## Grant has Lasting Impact in Langley

Staff from the Langley Youth Community Activities Project were looking for a new way to add physical activity and build capacity in their work with a group of Karen refugee youth. This project aimed to build capacity in refugee youth through sport and recreation and was originally funded by the Community Capacity Building Strategy, an initiative of the BC Healthy Living Alliance led by the Canadian Cancer Society.

The game of Cane Ball was familiar to the youth, and all they needed was the equipment to get the sport going in Langley. The group used a Sogo Active grant to purchase nets, balls and t-shirts for six teams.

They practiced for two months, and showcased the sport in a [tournament](#) at the Langley International Festival. The winning team also received a trophy and bragging rights.

[The game of cane ball is taking on a life of its own in Langley.](#) With the involvement of the youth and the help of Douglas Recreation Centre, there is now a cane ball league in the community. 12 teams play every Thursday night at a gym in the city of Langley. The group also had the opportunity to demonstrate this sport at some schools in the Langley and Surrey School Districts. The Karen youth not only get to showcase a sport they love, but also build leadership skills while sharing the sport with their community.

Even small grants can have big impacts.  
Apply now for a Sogo Active grant.

