

Congratulations BC on getting ACTIVE!

On May 10, BC celebrated 2011 Move for Health Day, a day to get moving and get healthy.

Started by the World Health Organization, Move for Health Day promotes physical activity and reminds us how important and how easy it is to incorporate into our everyday lives.

The BC Recreation and Parks Association (BCRPA) would like to thank the following organizations, workplaces, communities and local governments for participating in 2011 Move for Health Day and helping us get BC moving:



Active Comox Valley • Alexander Park Elementary School • Alzheimer Society of B.C. • Anspayaxw School Society • BCMA • Bella Coola Hospital Public Health Program • Bench School • Body & Soul Health and Fitness • Bowen Island Municipality • Community Recreation • Braemar Elementary School • Brentwood Continuing Education Centre • Canoe Creek Band • Cariboo Memorial Recreation Complex • City of Burnaby • City of Coquitlam • City of Cranbrook • City of Dawson Creek • City of Fort St. John • City of Kamloops • City of Kelowna - Recreation Parks and Culture • City of Langley • City of Merritt • City of New Westminster • City of Penticton • City of Port Coquitlam Parks and Recreation Department • City of Richmond • City of Surrey • City of Terrace • COACH Cardiac Rehab • Cowichan Lake Recreation • Creston & District Community Complex • Dawson Heights Housing Ltd. • District of Elkford, Leisure Services • District of Houston • District of Kent • District of Mackenzie • District of North Vancouver • District of Peachland • District of Vanderhoof • East Richmond Community Association • Fanny Bay Community Association • Fit By Design • Fort Nelson Aquatic Center • Grand Forks Recreation • Greta's Class Act • Harry Jerome Community Recreation Centre • Home • Hope and District Recreation Center • Hornby Recreation • John Paul II Catholic School • Kanaka Bar Indian Band • Laichwiltach Family Life Society • Lower Columbia All First Nations • Multi-Organizational (City of Chilliwack, YMCA, Chilliwack Leisure Centre, Cheam Leisure Centre, Fraser Valley Regional District) • North Vancouver Recreation Commission • Northern Rockies Regional Municipality - Recreation Department • OK Falls Recreation • Okanagan College • Over the Hill Hikers • Oweekeno Elementary PAC • Pacific Institute for Sport Excellence • Panorama

Recreation • Pender Harbour Aquatic and Fitness Centre - Sunshine Coast Regional District • Penticton CHIP (Coronary Health Improvement Project) • Port Alberni Association for Community Living • ProVita Care/Maplewood Seniors Care • Queen Charlotte Visitor Centre • Quesnel & District Leisure Services • RDN Recreation and Parks • Renfrew Park Community Centre • Resort Municipality of Whistler • RL Clemitson Elementary School - PAC • Saikuz Daycare • Salmon Arm Recreation Society • Saranagati Vaisnava Education Society (SAVES) • SD#71 - Nala'atsi Aboriginal Alternate Program • SEAPARC Leisure Complex • Senior's Wellness Program, Home and Community • Shadbolt Centre for the Arts - City of Burnaby • Slocan & Valley South Regional Parks and Recreation Commission • Strathcona Regional District • Summerland Parks & Recreation • Sunshine Coast Regional District • Teck • The District of West Vancouver • The Native Courtworker and Counselling Association of BC • The Woman's Place Fitness Group • Tl'etinqox-t'in Health Services • Town of Golden • Town of Ladysmith, Parks Recreation 7 Culture • Town of Osoyoos • Translink & Coast Mountain Bus Company • Tumbler Ridge Community Centre • University of Victoria • West Shore Parks & Recreation

Make every day Move for Health Day!



2011 Move for Health Day Sponsor:



An Initiative of BCRPA

www.bcrpa.bc.ca/mfhd