



BC Recreation and Parks Association
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BCRPA APPROVED WORKSHOP CRITERIA

Presenter Criteria:

For a workshop to be approved for renewal credit, the presenter must be:

- A BCRPA Registered Supervisor or Trainer of Fitness Leaders
- A Presenter/Trainer of a recognized association (ACE, AFLCA, ACSM etc.)
- A recognized expert in the subject area, i.e. Master's Degree, Registered Dietitian etc.
- Or have extensive training in the subject area and will be under supervision of a BCRPA Supervisor or Trainer of Fitness Leaders

Workshop Content Criteria:

Workshops may fall under one of the following categories:

Theory

- Related to fitness or wellness concepts, principles, knowledge

Practical

- Designed to increase the knowledge of exercise design

Leadership

- Designed to improve leadership skills (communication, adult learning principles, human behavior, etc.)
- Personal development courses designed to improve leadership skills

Workshop Renewal Credit Approval

Workshop renewal credits are approved based upon the number of educational contact hours. Distance education workshops are reviewed upon the number of hours that an "average" student would be expected to complete the workshop content. There is no maximum number of renewal credits awarded to workshops and the minimum number of renewal credits awarded is .5 credits.

Application Procedure

- Complete the Fitness Leadership Workshop application form
- Submit the application form at least three weeks in advance
- Include copies of written materials and handouts

Certificate of completion must be given to each participant

(Certificate must clearly indicate the workshop date, contact and number of credits awarded)

Master Classes are not recognized for renewal credits