



BC Recreation and Parks Association
#301-470 Granville Street
Vancouver, BC V6C 1V5
Tel: 604-629-0965
Fax: 604-629-2651
E-mail: bcrpa@bcrpa.bc.ca
www.bcrpa.bc.ca/fitness

BCRPA Supervisor of Fitness Leaders (SFL) Application **Personal Training**

Name: _____ **E-mail:** _____
Address: _____ **City:** _____
Postal Code: _____ **Phone Number:** _____

Requirements:

- _____ BCRPA Weight Training Supervisor (SFL) registration for a minimum of 2 years (out of province registration will be reviewed and assessed on an individual basis)
- _____ BCRPA Personal Training registration for a minimum of 2 years
- _____ Current First Aid (current within 2 years of issue date) and CPR (current within 1 year of issue date)
- _____ Personal Training Instructional Competency Evaluation (ICE) Workshop. Contact the BCRPA office for registration procedures)
- _____ Mock ICE (the mock ICE will be explained during the ICE workshop)
- _____ Two reference letters supporting application (current within 1 year) from a Supervisor or Manager/Owner of a fitness facility

Review Fee:

_____ \$30.00 VISA/MC# _____ Exp. Date _____

Signature _____

Enclose copies of all documents verifying the above information **together** and mail to the BCRPA office.
Please allow 4-6 weeks for processing. \$25 NSF fee.