



British Columbia Recreation & Parks Association
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FITNESS LEADERSHIP REGISTRATION PROGRAM ADVANCED FITNESS LEADER APPLICATION

First Name: _____ Last Name: _____
Address: _____ City: _____
Postal Code: _____ Phone Number: _____
E-mail: _____

MODULE(S) APPLYING FOR:

- Weight Training Aquatic Fitness Group fitness
 Yoga Fitness Pilates Fitness

REGISTERED ADVANCED FITNESS LEADER - REQUIREMENTS

- _____ Current BCRPA registration (out of province registration will be reviewed and assessed on an individual basis)
- _____ Resume of two years leadership experience in a specialty module AND a minimum of 100 hours of on-floor teaching experience
- _____ BCRPA Advanced Fitness Theory Exam (\$60 exam fee; call the BCRPA office to book an exam sitting time)
- _____ BCRPA Advanced Instructor Competency Examination (ICE)
- _____ Current First Aid (valid for 2 years after the issue date) and CPR (valid for 1 year after the issue date)

Enclose photocopies of all documents verifying the above information and forward to the BCRPA office.

Please allow 4-6 weeks for processing.