BCRPA Registration
Fitness Theory

CANDIDATE INFORMATION: Please print clearly

Surname	*Given Name(s)*	*Middle Initial*
Mailing Address (Street)		
City	*Province*	*Postal Code*
Residence Phone	*Cell Phone / Other Phone*	*Email Address*

STEP 1: Pre-requisites
Registration in Fitness Theory is the starting point for all fitness professionals pursuing BCRPA registration. There are no pre-requisite courses. However, please note the following:

- Once you have passed the Fitness Theory Exam, you have **one year** from your exam date to complete your BCRPA registration in Fitness Theory.
- BCRPA registration in Fitness Theory is a **mandatory pre-requisite** to enroll in BCRPA recognized specialty modules. These include: Group Fitness, Weight Training, Yoga Fitness, Pilates Fitness and Aquatic Fitness. There may be additional pre-requisites for each of these modules but all require that you be registered in Fitness Theory first.
- Once you are registered in Fitness Theory, you have one year from your registration date to complete and submit all requirements to become registered in a specialty module to the BCRPA, including your 8 hours of practicum teaching and your ICE.
- If you do not fully complete registration in a specialty module within that one year, your registration in Fitness Theory expires and you will be required to repeat the steps to re-register in Fitness Theory.* Please contact the BCRPA to discuss this further if you are in this situation.

* Please refer to http://www.bcrpa.bc.ca/fitness-program/how-become-registered for complete details on BCRPA registration.

SUBMIT PROOF OF BCRPA REGISTRATION REQUIREMENTS: In order to become a BCRPA Registered Fitness Leader – Fitness Theory, you must submit the following:

- ❑ Results of BCRPA Fitness Theory Exam: (provide exam date) Exam Date: _____
- ❑ Current CPR Certificate: Minimum "CPR - A"
- ❑ Current First Aid Certificate: Minimum "Emergency First Aid"

SUBMIT PAYMENT:
☐ $95.00 Cheque payable to BCRPA (note: there is a $25 charge for NSF cheques)
☐ Visa ☐ MasterCard

AMOUNT PAID: $: 95.00 CARD #: _____Expiry Date: _____

Office Use Only:
RECEIPT #:_____

- Mail ALL items to the BCRPA within one year of writing the Fitness Theory Exam
- ALLOW 1-2 WEEKS FOR PROCESSING.
- Submit copies only. Always keep your originals

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Email: bcrpa@bcrpa.bc.ca Website: www.bcrpa.bc.ca

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